

Over 1,100 mg of Omega 3 fatty acids from fish oil that has been processed using molecular distillation to ensure purity and to contain no trans fatty acids.

Two Softgels provide:

2,000 mg Fish oil from 5 different sources
Highest EPA product Country Life offers
DHA a major fatty acid found in the brain

^These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, CORN OR WHEAT
YES RECYCLABLE PACKAGING	NO MILK, SALT OR SUGAR
YES MANUFACTURING SUPPORTS	NO PRESERVATIVES
WIND POWER	NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
	NO MAGNESIUM STEARATE
	NO GMOs

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Lot No:

20C003B

Best by:

02/23



This product has been manufactured at a GMP registered facility.



ESTABLISHED
— 1971 —

Country Life

OMEGA 3 MOOD®

1,000 mg of EPA per serving

Certified Gluten-Free

Helps Support:

- ▶ Emotional Health^
- ▶ Brain Health^
- ▶ Natural Lemon Flavored!



2 softgels provide:

Fish Oil - 2000 mg Concentrate

Dietary Supplement **90 Softgels**

— Our **PLEDGE of INTEGRITY** —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY



Directions: Adults take two (2) softgels per day. For best utilization take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels
Servings Per Container 45

Amount Per Serving		% Daily Value
Calories	25	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Monounsaturated Fat	0.5 g	**
Polyunsaturated Fat	2 g	**
Cholesterol	20 mg	7%*
Protein	0.5 g	1%*
Vitamin E (as d-alpha tocopherol)	13.4 mg (20 I.U.)	89%*
Fish Oil Concentrate providing:	2,000 mg (2 g)	**
EPA (Eicosapentaenoic Acid) (Omega 3)	1,000 mg (1 g)	**
DHA (Docosahexaenoic Acid) (Omega 3)	150 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell), natural lemon flavor. Contains fish (anchovy, sardine, mackerel, herring, salmon) 100% bovine gelatin, BSE-free.

Manufactured for Country Life, LLC
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CountryLifeVitamins.com
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