

Specially formulated with a unique natural form of calcium, as well as other minerals that your body recognizes as similar to its own natural bone composition. ^

Adequate calcium and Vitamin D throughout life, as a part of a well-balanced diet, may reduce the risk of osteoporosis.

^These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST, WHEAT OR SOY
NO MILK OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children.

FruiteX-B® is a registered trademark of VDF FutureCeuticals, Inc. U.S. Patent Nos. 6696419, 6924269, 8809284, 9271994, 9421216, 9102700.

This product has been manufactured at a GMP Registered facility.

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Best by:



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ESTABLISHED
 - 1971 -

Country Life

• TRIPLE ACTION •

BONE SOLID®

Certified Gluten-Free

With Patented FruiteX-B®

Clinically Studied MCHA and Vitamin K

Clinically shown to:

- 1 Increase Mineral Utilization^
- 2 Strengthen Bones^
- 3 Support Bone Metabolism^

Dietary Supplement **180** Capsules

— Our PLEDGE of INTEGRITY —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

Directions: Adults take three (3) capsules twice daily with food (for a total of 6 per day). Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 6 capsules
 Servings Per Container 30

Amount Per Serving	% Daily Value
Protein	1 g 2%*
Vitamin C (from ascorbic acid, potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	100 mg 111%
Vitamin D (D3) (as cholecalciferol - from Lanolin)	25 mcg (1,000 I.U.) 125%
Vitamin K (as phytonadione (K1) and Menaquinone (K2)(MK7))	1,010 mcg 838%
Calcium (from microcrystalline hydroxyapatite, tricalcium phosphate, calcium fructoborate, calcium ascorbate)†	1,011 mg 78%
Phosphorus (from microcrystalline hydroxyapatite, tricalcium phosphate)†	500 mg 40%
Magnesium (from magnesium oxide, ascorbate, alpha-ketoglutarate, aspartate, citrate, taurinate)†	500 mg 119%
Zinc (from zinc ascorbate, citrate)†	10 mg 91%
Copper (as copper ascorbate)†	0.03 mg 3%
Manganese (from manganese citrate, ascorbate)†	1.2 mg 52%
Chromium (from chromium ascorbate)†	24 mcg 69%
Potassium (from potassium ascorbate)†	8 mg <1%
MCHA (microcrystalline hydroxyapatite)	4,170 mg (4.17 g) **
Calcium Fructoborate (FruiteX-B®) providing Boron	250 mg **
	6 mg **

* Percent Daily Values are based on a 2,000 calorie diet.
 ** Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, stearic acid, magnesium stearate, silica. † Country Life always labels minerals in elemental weight. **CAUTION:** If you are pregnant or nursing, taking medication (especially anti-coagulants, blood thinners), have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Manufactured by Country Life, LLC
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 CountryLifeVitamins.com
 Product No. 5033