

**SUGGESTED USE:** USE ON TRAINING DAYS ONLY.

**01** TAKE 1 SERVING (1 SCOOP)

**02** MIX IN 6-8oz OF COLD WATER

**03** 15-30 MINS BEFORE EXERCISE



**NOTE:** THE RED COLORING OF THE POWDER IS DUE TO THE NATURAL COLOR OF BEETROOT POWDER. ONE MORE REP™ CONTAINS NO ARTIFICIAL COLORS.

**WARNINGS:** NOT INTENDED FOR USE BY PERSONS UNDER AGE 18. DO NOT EXCEED RECOMMENDED DOSE. DO NOT TAKE FOR MORE THAN EIGHT (8) CONSECUTIVE WEEKS. GET THE CONSENT OF A LICENSED PHYSICIAN BEFORE USING THIS PRODUCT, ESPECIALLY IF YOU ARE TAKING MEDICATION, HAVE A MEDICAL CONDITION, YOU ARE PREGNANT, NURSING OR THINKING ABOUT BECOMING PREGNANT. ONE MORE REP™ CONTAINS THE B VITAMIN NIACIN WHICH MAY CAUSE TEMPORARY FLUSHING, TINGLING, SKIN REDDENING, AND SENSATIONS OF HEAT, ESPECIALLY IF TAKEN ON AN EMPTY STOMACH. THIS IS A COMMON REACTION. **CAFFEINE WARNING:** THE RECOMMENDED SERVING OF THIS PRODUCT CONTAINS APPROXIMATELY AS MUCH CAFFEINE AS THREE CUPS OF COFFEE. DO NOT COMBINE WITH OTHER CAFFEINATED DIETARY SUPPLEMENTS OR MEDICATIONS.

DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.



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 **MADE IN THE USA WITH DOMESTIC AND INTERNATIONAL INGREDIENTS.**

**\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

<sup>1</sup> When combined with a proper exercise and nutrition regimen.

**hpi**  
**SPORTS**

**ONE MORE REP™**

**BRAND NEW!**

**ENHANCED  
ENERGY &  
FOCUS<sup>1</sup>**

**PROMOTES  
STRENGTH<sup>1</sup>**

**LEGENDARY 1.M.R.<sup>1</sup>  
PERFORMANCE**

**BERRY SPLASH**  
NATURAL AND ARTIFICIAL FLAVORS

**NO ARTIFICIAL COLORS**

**25  
SERVINGS**

**DIETARY SUPPLEMENT  
NET WT. 8.8 OZ (250 GRAMS)**

## Supplement Facts

Serving Size 1 Scoop (10 grams)  
Servings Per Container 25

Amount Per Serving	% Daily Value	
Niacin (Vitamin B3 as nicotinic acid)	30 mg	188%
Sodium (as Disodium phosphate)	128 mg	6%
L-Citrulline	3g	**
L-Carnitine L-Tartrate	1g	**
Beetroot (powder)	500 mg	**
Trimethylglycine (TMG) (as betaine anhydrous)	500 mg	**
N-Acetyl-L-Cysteine	500 mg	**
<b>ONE MORE REP™ ENERGY BLEND (Proprietary)</b>	<b>454 mg</b>	
Caffeine anhydrous	**	
Theobromine	**	
Phosphatidylcholine	**	
Himalayan pink salt	**	
Yohimbe (bark) extract (std. to 2% Yohimbine)	**	

\*\* Daily Value not established.

**OTHER INGREDIENTS:** MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, SILICA, MALIC ACID, SUCRALOSE, AND ACESULFAME K.

MANUFACTURED FOR AND DISTRIBUTED BY:  
BPI SPORTS, 3140 SW 42ND ST., SUITE 200, HOLLAND, FL 33012.  
TO REPORT AN ADVERSE EVENT OR FOR MORE INFORMATION  
CALL 888.900.9000 (TOLL FREE)

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