

**SUGGESTED USAGE:** Shake well. Take 5 drops daily, or as directed by your healthcare practitioner. Take directly or add to a beverage. Best when taken with a fat-containing meal.

**CAUTIONS/INTERACTIONS:** For adults only. Not for use in infants or children. Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with atorvastatin and thiazide diuretics. Vitamin K is contraindicated with warfarin or other anti-coagulant medications. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product. Keep out of reach of children.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE  
P0379  
V2



**PROTOCOL**  
**FOR LIFE BALANCE®**

# Liquid D3 & MK-7

2,500 IU Vitamin D3 &  
100 mcg Vitamin K2  
per 5 drops

•Bone & Cardiovascular Support\*

**MenaQ7**  
Vitamin K2 as MK-7

1 FL. OZ. (30 mL)  
A Dietary Supplement

Non-  
GMO

## Supplement Facts

Serving Size 5 Drops (approx. 0.184 mL)  
Servings Per Container about 163

	Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol) (from Lanolin)	62.5 mcg (2,500 IU)	313%
Vitamin K2 (as Menaquinone-7) (MK-7) (MenaQ7®)	100 mcg	†

† Daily Value not established.

Other ingredient: MCT Oil (medium-chain triglycerides) (from coconut/palm kernel oil).

Formulated & Distributed by:  
Protocol For Life Balance, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending. [protocolforlife.com](http://protocolforlife.com)