

SUGGESTED USAGE: Take 3 softgels daily with a meal, or as directed by your healthcare practitioner.

HOW IT WORKS: Flax seed oil has an abundance of alpha-linolenic acid, an omega-3 fatty acid that can be converted into eicosapentaenoic acid (EPA). Omega-3 fatty acids are essential nutrients that are poorly represented in the modern diet. These important fatty acids help to support a healthy and balanced immune system, are important for cardiovascular health, and promote the maintenance of healthy skin.* This flax seed oil has been cold processed to be as close to the original seed oil composition as possible. Care has been taken to bring this product to market in softgels, a delivery form that hermetically seals the oil and protects it from oxidation and contamination. No preservatives, additives, bleaches or fillers are used with this oil.

CAUTIONS/INTERACTIONS: Flax seed oil is generally well tolerated, but has been associated with mild gastric disturbances. Some evidence suggests that flaxseed may moderately interact with anti-coagulant and estrogen medications.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P1770B
V9



**PROTOCOL
FOR LIFE BALANCE®**

Flax Seed Oil

1000 mg

- Made with Organic Flax Oil
- Supports Cardiovascular Health*



120 Softgels
A Dietary Supplement

Supplement Facts

Serving Size 3 Softgels Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	25	
Total Fat	3 g	4%**
Saturated Fat	< 0.5 g	2%**
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	0.5 g	†
Organic Flax Seed Oil (<i>Linum usitatissimum</i>)	3 g (3,000 mg)	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), organic glycerin, water, organic caramel color].

Formulated & Distributed by Protocol For Life Balance
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protocolforlife.com

Certified Organic by QAI.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Each serving may also have the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats:
Linolenic Acid (Omega-3) 55%; Linoleic Acid (Omega-6) 14%;
Oleic Acid (Omega-9) 19%; Other (Saturated) 12%

Natural color variation may occur in this product.