

NON-GMO
GLUTEN FREE

21ST
CENTURY[®]

**Men's
50+**

Sentry SENIOR

**Multivitamin & Multimineral
Supplement**

Compare VS.
Centrum[®] SILVER[®]
Men 50+[†]

100 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (Acetate, 29% as Beta-Carotene)	1,050 mcg 117%	Calcium (as Calcium Carbonate & Dicalcium Phosphate)	210 mg 16%
Vitamin C (as Ascorbic Acid)	120 mg 133%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU) 125%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	27 mg 180%	Magnesium (as Magnesium Oxide)	75 mg 18%
Vitamin K (as Phytonadione)	60 mcg 50%	Zinc (as Zinc Oxide)	15 mg 136%
Thiamin (as Thiamin Mononitrate, B-1)	1.5 mg 125%	Selenium (as Sodium Selenate)	21 mcg 38%
Riboflavin (Vitamin B-2)	1.7 mg 131%	Copper (as Copper Sulfate)	0.5 mg 56%
Niacin (as Niacinamide)	20 mg 125%	Manganese (as Manganese Sulfate)	4 mg 174%
Vitamin B-6 (as Pyridoxine HCl)	6 mg 353%	Chromium (as Chromium Picolinate)	60 mcg 171%
Folate	500 mcg DFE 125% (300 mcg Folic Acid)	Molybdenum (as Sodium Molybdate)	50 mcg 111%
Vitamin B-12 (as Cyanocobalamin)	100 mcg 4,167%	Chloride (as Potassium Chloride)	72 mg 3%
Biotin	30 mcg 100%	Potassium (as Potassium Chloride)	80 mg 2%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%	Lutein	300 mcg **
		Lycopene	600 mcg **

** Daily Values not established.

Other Ingredients: Cellulose, Starch, Gelatin, Stearic Acid. **Contains <2% of:** Artificial Colors (FD&C Blue #2 Carmine, FD&C Yellow #6), BHT, Citric Acid, Croscarmellose Sodium, Gum Acacia, Magnesium Silicate, Magnesium Stearate, Polyethylene Glycol, Polyvinyl Alcohol, Silicon Dioxide, Titanium Dioxide.

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Directions: As a dietary supplement, adults take one (1) tablet daily with any meal or as directed by a healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. If taking other supplements, read label, since supplements may contain the same ingredient.

No added Yeast or Artificial Flavors. Gluten Free.

ACTUAL SIZE

PROUDLY MANUFACTURED BY
21ST CENTURY HEALTHCARE, INC.
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GUARANTEED QUALITY | LABORATORY TESTED

TRUSTED
QUALITY
FOR OVER
30
YEARS

