

Maxi-Health Research® is proud to provide you with our most advanced dietary supplement, Naturemax Boost™. Naturemax Boost™ is professionally formulated to provide you with all the nutrients you need to stay healthy and fit. Naturemax Boost™ is a creamy, delicious, satisfying drink enriched with easily digestible pea protein, fibers, enzymes, amino acids, vitamins, essential minerals and powerful antioxidants.\*

#### The "Naturemax Boost" Difference

- **Naturemax Boost™ Protein** (Non-GMO) is a yellow pea protein with a unique array of amino acids, the building blocks of skin, hair, nails, muscles, enzymes that help your body function normally, and even your immune system. Pea protein is especially beneficial for active lifestyles.
- **Earthrise® Spirulina** – a high quality, pure spirulina. It is rich in protein (65%) and is an excellent source of essential amino acids, gamma linolenic acid (GLA), vitamin B12, vitamin C, chlorophyll, iron, RNA, DNA, and trace minerals. (Spirulina can be contaminated with heavy metals, which is why we only use Earthrise® Spirulina, known for its high quality.)
- **Wheat Grass Juice & Barley Grass Juice** – are high quality green juices. They are rich in chlorophyll, beta-carotene, calcium, vitamin C, and many other vitamins and minerals not commonly found in food.
- **Enzymax®** – a vital digestive enzyme complex that helps you absorb the nutrients you need to stay healthy.\*
- **TRACCS® Chromium** – an important trace mineral that has been found to be more biologically active than other similar compounds.\*
- **L-Carnitine** – supports optimal health as it plays a major role in fatty acid metabolism.\*
- **Dairy & Lactose Free • Gluten Free • Non-GMO Pea Protein • Excellent source of Iron**
- **Higher Branched Chain Amino Acids (BCAAs)** than other vegetable proteins.
- **CERTIFIED KOSHER – DOCTOR FORMULATED**

As a dietary supplement for weight support combine Naturemax Boost™ with Maxi Thin Supreme®, D&S Control and Maxi Green Tea Concentrate.

Directions: As a dietary supplement add one measuring scoop (included) of Naturemax Boost™ to 8 fl. oz. (or more) of cold skim milk, whole milk or juice, or as directed by a qualified healthcare professional. (For best results use blender or mixer.)

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Sold by weight not volume. Contents may settle during shipping & handling. Keep tightly closed in a cool, dry place. Keep out of reach of children.



  
 Manufactured in USA for  
**Maxi-Health™**  
 True to total wellness®  
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Enriched With L-Citrin & Whole Food Blend



# NatureMAX BOOST™

DIETARY SUPPLEMENT

## PEA PROTEIN



1 lb. (454 grams)  
Live life to the fullest

  
 True to total wellness™

### Nutrition Facts

Serving Size 1 Scoop (approx. 31.5 grams)  
Servings Per Container About 14

Amount Per Serving	Naturemax Boost	%Daily Value**	w/1 Cup Skim Milk
Calories	115	195	
Calories from Fat	18	18	
Total Fat 2 g		3%	3%
Saturated Fat 0.2 g		<2%	<2%
Trans-Fat	*	*	
Monounsaturated Fat 0.1 g		*	*
Polysaturated Fat 0.1 g		*	*
Sodium 232 mg		10%	15%
Total Fat 7 mg		<2%	<2%
Total Carbohydrates 4.6 g		2%	5%
Dietary Fiber 3 g		11%	11%
Added Sugars 0 g		*	*
Other Carbohydrates 1.7 g		*	*
Protein (from Pea Protein Isolate) 20 g		40%	56%
Vitamin A (810 mcg / 2700 IU)		90%	100%
Vitamin C (60 mg)		67%	67%
Vitamin D3 (5 mcg / 200 IU)		25%	45%
Vitamin E (20 mg / 30 IU)		133%	133%
Vitamin K (1 mcg)		<2%	<2%
Thiamin (Vitamin B-1) (1.1 mg)		125%	136%
Riboflavin (Vitamin B-2) (1.7 mg)		131%	151%
Niacin (Vitamin B-3) (20 mg)		125%	125%
Vitamin B-6 (2 mg)		118%	118%
Folate (566 mcg DFE / 400 mcg Folic Acid)		167%	167%
Vitamin B-12 (5 mcg)		250%	270%
Biotin (300 mcg)		1000%	1000%
Pantoic acid (10 mg)		200%	210%
Choline (20 mg)		4%	4%
Calcium (309 mg)		24%	54%
Iron (3.8 mg)		54%	54%
Iodine (150 mcg)		100%	100%
Magnesium (80 mg)		19%	24%
Zinc (15 mg)		136%	146%
Selenium (70 mcg)		127%	127%
Copper (0.35 mg)		39%	39%
Manganese (5 mg)		217%	217%
Chromium (100 mcg)		286%	286%
Molybdenum (50 mcg)		111%	111%

\* Daily Value not established.  
\*\* Percent Daily Values are based on a 2,000 calorie diet.



### Amino Acid Profile

	mg per scoop
Alanine	877
Arginine	2167
Aspartic acid	2362
Cysteine	308
Glutamic Acid	3465
Glycine	379
Histidine	731
Isoleucine	345
Leucine	1629
Methionine	1594
Lysine	52
Phenylalanine	1251
Proline	849
Serine	1227
Threonine	240
Tryptophan	240
Tyrosine	559
Valine	968

**Ingredients:** Pea Protein Isolate, maltodextrin (from corn), psyllium husk powder, calcium carbonate, natural flavor, guar gum, xanthan gum, monk fruit extract, magnesium oxide, Stevia rebaudiana extract, lecithin (from sunflower), ascorbic acid, inositol, L-Carnitine (50 mg), choline bitartrate, Earthrise® spirulina, D-alpha tocopheryl succinate, Stevia rebaudiana extract, apple pectin, niacinamide, zinc, ferrous fumarate, D-calc pantothenate, retinyl palmitate, citrus bioflavonoid complex, Enzymax® (calcium carbonate, bromelain, papain, lipase, amylase, protease, silica), selenium glycinate complex, papaya fruit powder, organic barley grass powder, organic wheat grass powder, TRACCS® chromium nicotinate glycinate chelate, pyridoxine HCl, cholecalciferol, molybdenum bisglycinate chelate, riboflavin, thiamine mononitrate, folic acid powder, potassium iodide, and cyanocobalamin.

This product contains NO wheat, yeast, salt, artificial flavors, colors or preservatives.

**Non-GMO Pea Protein**  
**Non-Dairy**  
**Soy Free**  
**Gluten-Free**  
**No Added Sugar**

Earthrise® is a registered trademark of Earthrise Farms.  
Enzymax®, a vital digestive enzyme complex, is a registered trademark of Maxi Health Research® LLC.  
TRACCS® is a registered trademark of Abbot Laboratories, Inc.

This product was manufactured in a GMP Certified facility.

