



Energy



Sports Performance

**SUGGESTED USE:** Mix 1 scoop with at least 10 ounces of water or preferred beverage. Consume 15-30 minutes before your workout or as recommended by your health-care practitioner.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

**WARNING:** If pregnant or nursing, do not use this product.



MANUFACTURED IN THE USA  
CONTAINS NO OTHER INGREDIENTS

# THORNE®

## Pre-Workout Elite

Natural Support for Energy Production and Performance!  
Citrus Berry Flavored

### DIETARY SUPPLEMENT



NET WT  
4.32 OZ (122.6 g)

### SUPPLEMENT FACTS

Serving Size: One Scoop (5.11 g)

Servings Per Container: 24

One Scoop (5.11 g) Contains:

%DV

Calories 15

15

Total Carbohydrate 3 g <1%\*

3 g <1%\*

PeakD,® Proprietary Blend† 1,000 mg \*\*

1,000 mg \*\*

Caterpillar Mushroom (Conocybes militaris), Reishi Mushroom (Ganoderma lucidum), King Trumpet (Pleurotus eryngii), Shiitake Mushroom (Lentinula edodes), Lion's Mane Mushroom (Hericium erinaceus), Turkey Tail Mushroom (Trametes versicolor)

One Scoop (5.11 g) Contains:

%DV

Alpha GPC (L-alpha-Glycerophosphorylcholine) 600 mg \*\*

600 mg \*\*

Peak ATP® (Adenosine 5'-Triphosphate Disodium)†† 450 mg \*\*

450 mg \*\*

Guayusa extract (leaf) (Nep. guayusa) 350 mg \*\*

350 mg \*\*

Mango extract (leaf) (Mangifera indica)††† 140 mg \*\*

140 mg \*\*

Quercetin Phytosome (Sophora japonica extract (flower) / Phospholipid complex from Sunflower) 35 mg \*\*

35 mg \*\*

†Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

Other Ingredients: Flavor, Maltodextrin, Medium Chain Triglyceride Oil, Rebaudioside A, Citric Acid.

manufactured by THORNE RESEARCH, INC., 1-800-228-1966

**PRODUCT CONTAINS CAFFEINE:** Guayusa extract provides approximately 70 mg of caffeine per serving.

†PeakD® is protected by patents pending, owned by Disruptive Nutrition, LLC and under exclusive global distribution by Compound Solutions, Inc. ††PEAK ATP® is a registered trademark of TSI USA, LLC and is used under license. †††Zyranol® is a registered trademark of Nidam Pharma SL. Patents and patents pending.

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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