



Brain & Nervous System Support[‡]

Since 1932



Lithium Orotate

5 mg

60 VegCaps
DIETARY SUPPLEMENT



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product, especially if pregnant, nursing or if thyroid problems are present.

Directions: Take 1 VegCap daily. Use only as directed. Store in a cool, dry place.

Supplement Facts

Serving Size 1 VegCap

	Amount Per Serving	% Daily Value
Lithium (from Lithium Orotate)	5 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, Vegetable Cellulose Capsule, Organic Rice Extract Blend and Silica.

Discussion: Lithium is an important trace element naturally occurring in many types of foods including grains and vegetables. This natural Orotate form is chelated and highly bioavailable.[‡] Vegan.

[‡] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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