

SUGGESTED USE: Take 4 capsules once daily with food, or use as directed by your healthcare professional. California residents should not exceed 2 capsules daily. May be taken in divided doses if desired. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

Multivitamin Sensitive Meets or Exceeds cGMP Quality Standards.

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3140 Mercer Ave
Bellingham, WA 98225
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T A R G E T E D S U P P O R T ®



SeekingHealth®

Multivitamin Sensitive

Free of Folate, Vitamin B12,
Copper, Iron, Iodine, Calcium,
Vitamin D, and Vitamin K

Dietary Supplement

120 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 4 Capsules (California Residents should not exceed 2 capsules daily.)
Servings Per Container: 30 (California Residents: 60)

	Amount Per Serving	%DV	Amount Per CA ^a Serving	%DV CA ^a		Amount Per Serving	%DV	Amount Per CA ^a Serving	%DV CA ^a
Vitamin A (as retinyl palmitate)	450 mcg RAE	50%	225 mcg RAE	25%	Selenium (as SelenoExcell® High Selenium Yeast)	150 mcg	273%	75 mcg	136%
Vitamin C (as ascorbic acid)	250 mg	278%	125 mg	138%	Manganese (as Manganese Bisglycinate Chelate [§])	4 mg	174%	2 mg	87%
Vitamin E (as Novatol® d-alpha tocopheryl acid succinate and mixed tocopherols)	100 mg	667%	50 mg	334%	Chromium (as Chromium Nicotinate Glycinate Chelate [§])	150 mcg	429%	75 mcg	214%
Thiamin (as thiamine hydrochloride)	50 mg	4,167%	25 mg	2,083%	Molybdenum (as Molybdenum Glycinate Chelate [§])	75 mcg	167%	37.5 mcg	83%
Riboflavin (as riboflavin 5'-phosphate sodium)	25 mg	1,923%	12.5 mg	962%	Potassium (as Potassium Glycinate Chelate [§])	99 mg	2%	49.5 mg	1%
Niacin (as inositol HexaNiacinate and niacin)	100 mg NE	625%	50 mg NE	313%	KSM-66® Ashwagandha Extract (<i>Withania somnifera</i>) (root)(5% total withanolides)	150 mg	*	75 mg	*
Vitamin B6 (as pyridoxal 5'-phosphate)	25 mg	1,471%	12.5 mg	735%	Eleuthero Root (<i>eleutherococcus senticosus</i>)	150 mg	*	75 mg	*
Biotin	500 mcg	1,667%	250 mcg	833%	American Ginseng (<i>panax quinquefolius</i>)(root)	150 mg	*	75 mg	*
Pantothenic Acid (as d-calcium pantothenate)	150 mg	3,000%	75 mg	1,500%	Coenzyme Q10 (as ubiquinol)	50 mg	*	25 mg	*
Magnesium (as DiMagnesium Malate [§])	200 mg	48%	100 mg	24%	Boron (as Bororganic Glycine [§])	750 mcg	*	375 mcg	*
Zinc (as Zinc Bisglycinate Chelate [§])	15 mg	136%	7.5 mg	68%	*Daily Value (DV) not established. ^a CA (State of California residents)				

Other Ingredients: Vegetarian capsule (hypromellose and water), ascorbyl palmitate, L-leucine, and silica.

OPS-120-CAPS
REV. 042321.01



This package is completely recyclable