

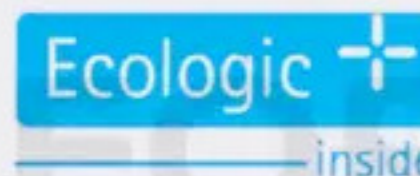


Target gb-X[®]

GUT BRAIN AXIS

5 BILLION CFU
PROBIOTIC SUPPLEMENT

30 SACHETS



Caution: When antibiotics are used, wait 2-3 hours before using this product. If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of the reach of children.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and yeast.

Suggested Use: Dissolve the content of 1 sachet daily in water (3-4 oz.), preferably lukewarm, and stir before consumption. Take on an empty stomach in the morning, before bed, or as directed by a healthcare professional. Suitable for children from the age of 1 year.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Shelf Stable. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

Made in the Netherlands with global ingredients.



Target gb-X[®] contains Ecologic BARRIER, a proprietary multispecies probiotic. The bacterial strains of Ecologic BARRIER have been selected for their capacity to strengthen intestinal barrier integrity and support healthy immune response.^{1†}

The gut microbiota supports many normal functions including deterrence of undesirable bacteria through nutrient competition, adhesion inhibition, and the luminal pH environment. Healthful bacteria also support intestinal barrier function and influence innate and adaptive immune responses. One of the most intriguing aspects of a healthy microbiota is the cognitive influence via the gut-brain axis², which includes functions such as neurotransmitter and cytokine production along with the beneficial activity of bacterial metabolites such as butyrate. Target gb-X[®] strains were specifically selected to support the gut-brain axis and have demonstrated a positive effect on healthy mood.^{3†}



PROBIOACT Technology ensures stability, gastrointestinal survival, and metabolic activity.

1. van Hemert and Ormel. Influence of the multispecies Probiotic Ecologic BARRIER on parameters of intestinal barrier function. *Food Nutr Sci* 2014; 5:1739-64.
2. Cryan and Dinan. Mind-altering microorganisms: The impact of the gut microbiota on brain and behaviour. *Nat Rev Neurosci* 2012;13:701-12.
3. Steenbergen *et al.* A randomized controlled trial to test the effect of multispecies probiotics on cognitive reactivity to sad mood. *Brain Behav Immun* 2015;48:258-64.

Supplement Facts

Serving Size 1 Sachet (Approx. 2 g) • Servings Per Container 30

Amount Per Sachet	% Daily Value	
Calories	10	
Total Carbohydrate	2 g	<1%**
Potassium (as potassium chloride)	30 mg	<1%
Ecologic BARRIER Probiotic Blend (5 billion CFU)	2 g	
<i>Lactobacillus casei</i> W56		*
<i>Lactobacillus acidophilus</i> W37		*
<i>Lactobacillus brevis</i> W63		*
<i>Lactococcus lactis ssp. lactis</i> W58		*
<i>Bifidobacterium animalis ssp. lactis</i> W52		*
<i>Lactococcus lactis ssp. lactis</i> W19		*
<i>Lactobacillus salivarius</i> W24		*
<i>Bifidobacterium bifidum</i> W23		*
<i>Bifidobacterium lactis</i> W51		*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calories diet.

Other ingredients: Maize starch, maltodextrin, inulin, polydextrose, vegetable protein, magnesium sulfate, and manganese sulfate.

Manufactured for:
SFI USA
Reno, NV 89521
Klaire.com



GBX
rev210924.01