

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, corn, and yeast. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 1 capsule daily or as directed by a healthcare professional. Not to be consumed by those under age 14.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



**KLAIRE
LABS®**

SELENO MET™ BIOAVAILABLE FORM OF SELENIUM

200 MCG
DIETARY SUPPLEMENT

100 VEGETARIAN
CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Capsule	% Daily Value	
Selenium (as L-selenomethionine)	200 mcg	364%

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and L-leucine.

Manufactured by:

SFI USA

Reno, NV 89521

Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.



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