

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and yeast. Contains no artificial colors, flavors, or preservatives.

**Suggested Use:** 1 capsule, 1 to 3 times daily or as directed by a healthcare professional.

Magnesium Glycinate Complex provides magnesium, an essential mineral, in the form of an easy-to-absorb patented amino acid chelate comprised of magnesium bisglycinate and magnesium oxide. Each capsule supplies 100 mg of elemental magnesium.

‡Albion® and TRAACS® are registered trademarks of Albion® Laboratories, Inc.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



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# MAGNESIUM GLYCINATE COMPLEX

**DIETARY SUPPLEMENT**  
**100 VEGETARIAN  
CAPSULES**

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

Amount Per Capsule	% Daily Value	
Magnesium (TRAACS® magnesium bisglycinate chelate, magnesium oxide‡)	100 mg	24%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), ascorbyl palmitate, and silicon dioxide.

Manufactured by:  
SFI USA  
Reno, NV 89521  
Klaire.com

**Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

