

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement take 1 rounded scoop, 1-2 times daily, in a beverage, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.



Keep out of the reach of children.

Use only if safety seal is intact.

Packaged by weight, not volume.
Settling may occur.

Scan to learn about our hypoallergenic supplements



MSM
powder

OptiMSM[®]

Supports healthy connective tissue¹

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

Net wt. 8.1 oz (230 g)

Supplement Facts

Serving size 1 rounded scoop (approximately 3 g)
Servings per container approximately 75

	Amount Per Serving	%DV
Methylsulfonylmethane	3 g	*

* Daily value (DV) not established

Other ingredients: silicon dioxide

OptiMSM[®] is a registered trademark of Bergstrom Nutrition.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.