



theVitamin Shoppe®

vitamin  
60 softgels  
dietary supplement

vitamin E

1000IU

cardiovascular ✓

eye ✓

antioxidant ✓

gluten free

dairy free

nut free

actual size

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-Alpha, Beta, Gamma, Delta Tocopherols)	1000 IU	3333%

**Other ingredients:** Gelatin, vegetable glycerin, soybean oil.

**Contains:** Soy.

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Salt, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) softgel daily, preferably with a meal.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Natural Source d-Alpha Vitamin E. Research has shown that natural source d-Alpha Vitamin E delivers **twice** the bioavailability of dl-Alpha, the synthetic form of Vitamin E. This product contains 100% d-Alpha Vitamin E from natural food sources, combined with d-Gamma, d-Beta and d-Delta tocopherols, the rest of the Vitamin E family. ✓

**Distributed by:** Vitamin Shoppe, Inc.  
Secaucus, NJ 07094

Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com)  
or call 1-800-223-1216

for more information and to reorder.

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