

SUGGESTED USE: Adults take 1 softgel 1-3 times a day with food or as directed by your qualified healthcare professional.

Jarrow Formulas® Q-absorb® provides Co-Q10 (Ubiquinone), an antioxidant that supports normal mitochondrial function—the power factories within our cells—in a proprietary proliposome lipid-soluble delivery system for better absorption.* Co-Q10 helps promote mitochondrial health, cellular energy production, and healthy cardiovascular function.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.**

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Particle formation inside softgel is normal and dissolves after ingestion.
Lot #. Best Used Before:



UBIQUINONE CO-Q10

Q-absorb®

ULTRA ABSORPTION

100 MG

Supports mitochondrial health, cellular energy production, and healthy cardiovascular function*

+ proliposome delivery

+ gluten free

60 SOFTGELS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	
Coenzyme Q10 (Ubiquinone)	100 mg †

† Daily Value (DV) not established.

Other Ingredients: Soy lecithin, softgel (bovine gelatin, glycerin, water, caramel [color] and carob), medium chain glycerides (modified coconut and palm oil) and mixed tocopherols (antioxidant).

Contains: Soy.

Distributed by Jarrow Formulas, Inc.
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Do not use if safety seal is damaged or missing.

APPROX.
FILL LINE