SUPPORT FOR: Muscle energy output and strength, endurance and muscle performance, muscle recovery between sets, and hydration.* **FUEL UP AND START – REFUEL AND SUSTAIN – RECOVER AND REPAIR!***

SUGGESTED USE:

AS A PRE-WORKOUT	AS AN INTRA-WORKOUT	AS A POST-WORKOUT
Mix 1 scoop of **CORE FUEL ENDURANCE** with 10 fl. oz. of cold water (adjust to desired taste) and use 15–30 minutes prior to exercise or at the start of your workout to strengthen your training intensity and muscular output. Take your results to the next level.*	Mix 1 scoop of **CORE FUEL ENDURANCE** with 10 fl. oz. of cold water and sip throughout your workout to maintain your muscular performance! Or use Core Fuel halfway through your workout to refuel. Make it your X-factor to take your results to the next level.*	Mix 1 scoop of **CORE FUEL ENDURANCE** with 10 fl. oz. of cold water and consume directly following workouts to enhance your recovery, repair muscle and combat muscle soreness. Use Core Fuel to amplify muscle protein synthesis and to strengthen your results.*

To be used as part of a physical conditioning program. Contents may settle after shipping. Moisture and humidity can cause clumping and discoloration. Discard after expiration date. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

WARNING: **KEEP OUT OF REACH OF CHILDREN.** For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. If you are under the care of a physician, seek medical advice before consuming this product. Consult with your physician prior to use if you have high blood pressure or heart problems, or are taking prescription drugs. Do not use if you are prone to dehydration or exposed to excessive heat. Recommended that users consume a minimum of 100 fl. oz. of water daily. This product contains Beta Alanine which may cause a tingling skin sensation in some individuals. Discontinue use if any adverse effects occur, including but not limited to rapid heart beat, dizziness, severe headache or shortness of breath. Discontinue use 2 weeks prior to surgery. Do not use if tamper resistant seal is broken.

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

CALIFORNIA RESIDENTS

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

X001S081WN

New PMD Core Fuel Endurance Tropical Fruit Punch (25 Servings)

PROFESSIONAL MUSCULAR DEVELOPMENT

PMD

PRE/INTRA/POST

CORE FUEL®

ENDURANCE

AMINOS BCAAs + EAAs | RECOVAMINE™ | VitaCholine™ | AstraGin® | KETO FRIENDLY

TROPICAL FRUIT PUNCH NATURAL FLAVOR

DIETARY SUPPLEMENT | 25 SERVINGS | NET WT 1.01 LBS (460 G)

Supplement Facts

Serving Size 1 Scoop (18.4 g) **Servings Per Container** 25

	Amount Per Serving	%DV
Total Carbohydrate	<1g	0%**
Vitamin C (Ascorbic Acid)	150 mg	167%
Vitamin B6 (as Pyridoxine Hydrochloride)	3 mg	176%
Vitamin B12 (as Cyanocobalamin)	100 mcg	4,167%
Choline (VitaCholine™)	200 mg	36%
Phosphorous	60 mg	5%
Magnesium (as Magnesium Phosphate)	20 mg	5%
Chromium (as Chromium Polynicotinate)	100 mcg	286%
Sodium	50 mg	2%

TRU|FUEL™ Performance Matrix:	Amount Per Serving 16,470 mg (16.4 g)	%DV †
AMINO/EAA Advanced Blend:	**8,020 mg (8.0 g)**	†
BCAA Activate Blend:	5,000 mg (5.0 g)	
L-Leucine	2.5 g	
L-Isoleucine	1.25 g	
L-Valine	1.25 g	
EAA Activate Blend:	3,020 mg (3.0 g)	
L-Lysine, L-Threonine, L-Phenylalanine, L-Methionine, L-Histidine, L-Tryptophan		
Beta-Phix ENDURANCE Blend:	**3,500 mg (3.5 g)**	†
Beta Alanine	1,500 mg (1.5 g)	
Betaine Anhydrous	1,500 mg (1.5 g)	
L-Glycine	500 mg	
G3 RECOVERY Blend:	**2,525 mg (2.5 g)**	†
L-Glutamine, L-Alanyl-L-Glutamine (**Recovamine™**), L-Glutamine AKG 2:1		

	Amount Per Serving	%DV
Intra-ELECTROLYTE Blend:	**1,900 mg (1.9 g)**	†
Taurine, Magnesium Phosphate, Sodium Phosphate, Sodium Citrate, Potassium Phosphate, Potassium Citrate, Resveratrol, Goji Berry, Grape Seed Extract, Coconut Water, **KSM-66®** (Ashwagandha Extract) Root, Gamma Aminobutyric Acid (GABA)		
Anytime FOCUS Blend:	**500 mg**	†
Choline L(+) Bitartrate (**VitaCholine™**), L-Tyrosine, Phosphatidylserine, D-Ribose, Huperzine A 1% (Toothed Clubmoss)(100 mcg)		
Core UPTAKE Agent:	**25 mg**	†
AstraGin® (from *Panax Notoginseng* and *Astragalus membranaceous*)		

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Citric Acid, Malic Acid, Natural Flavors, Sucralose, Silicon Dioxide, Acesulfame Potassium, FD&C Red 40. \ **CONTAINS: Milk and Tree Nut (Coconut).** \ **FREE OF: Preservatives, Artificial Flavors, Aspartame, Yeast and Gluten.** \ **STIMULANT FREE.** \ **TRU|FUEL™** and **Recovamine™** are trademarks of FitLife Brands, Inc. **KSM-66®** is a registered trademark of Ixoreal Biomed, Inc. **VitaCholine™** is a trademark of Balchem Corporation. **AstraGin®** is a registered trademark of NuLiv Science USA Inc.

Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:
FitLife Brands,® Inc. \ 5214 South 136th Street \ Omaha, NE 68137 \ For Product Questions: **PMDSports.com**

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For Product Questions: **PMDSports.com**

Share what **#COREFUEL** did for you **@PMD**SPORTS