

L-GLUTAMINE

5G

Per Serving

250G

Per Container

50

Servings

AMINO ACID FOR RECOVERY

STAUNCH

Supplement Facts

Serving Size: 1 Scoop (5g)

Servings Per Container: 50

Amount Per Serving	% DV
L-Glutamine	5g *

* Daily Value not established

Other Ingredients: None

Directions: As a dietary supplement, mix 1 scoop with 6-10 ounces of water or juice. Consume immediately after exercise, and take another serving prior to bed.

For general use, consume 1-4 servings daily.

Warning: This product is intended only to be used by healthy adults 18 years of age or older. Keep out of reach of children. Consult your physician before use if you are using any prescription or over-the-counter medications, or if you have an pre-existing medical conditions. Discontinue use at least 2 weeks prior to surgery. Discontinue use and consult your physician or other health care professional if you experience any adverse reactions while using this product.

Storage: Product is filled by weight not volume, some settling may occur. To keep product fresh and prevent clumping, store tightly-closed in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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