



GLUTAMINE

Amino Acid

SUPPORTS MUSCLE + GUT HEALTH[†]

TESTED FOR PURITY & QUALITY

DIETARY SUPPLEMENT

Net Weight
10.6 oz (300 G)

DAIRY
FREE

SOY
FREE

VEGAN

MINIMUM FILL LINE →

Product is packaged by weight not volume, some settling may occur.

Supplement Facts

Serving Size 1 Scoop (5 g)
Servings Per Container 60

	Amount Per Serving	% DV
L-Glutamine	5 g	*

*Daily Values Not Established.

Other Ingredients: None

Manufactured Exclusively For: Onnit Labs, Inc
Austin, Texas 78744 (855) 666-4899

SUGGESTED USE: As a dietary supplement, take one scoop mixed with eight ounces of water or your favorite beverage.

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition, or are taking any medications. Store in a cool, dry place. Do not use if freshness seal is missing or broken.

KEEP OUT OF REACH OF CHILDREN.



SPORT



R200122-5590

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L-GLUTAMINE is a must-have amino acid for active people, making up 61% of your muscles' total amino acid pool. But because it's rapidly depleted by exercise, glutamine must be replenished regularly to maintain optimal levels. Glutamine mixes easily into liquids for fast absorption.[†]

MINIMIZE MUSCLE BREAKDOWN[†]

Supports the maintenance of muscle protein building blocks to minimize the wear and tear of hard training.[†] Never let a workout go to waste again.

SUPPORT ENDURANCE[†]

Aids aerobic performance by acting as a fuel source for cells, especially during intense workouts when you're losing water quickly.[†] Glutamine is needed to make other amino acids as well as glucose.

PROMOTE PERFORMANCE[†]

Helps with smoother digestion, better absorption of nutrients, and a stronger immune system – for anyone who can't afford off days.[†]

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.