

Pure and Great Tasting Omega Oils

Pharmaceutical Grade*



Distilled for Purity

Nordic Naturals Omega-3 is a pure and great-tasting source of EPA and DHA. These omega-3 fatty acids are essential for growth and development throughout the human life cycle.*

*All Nordic Naturals products surpass all national and international pharmaceutical standards for freshness and purity, and are free from heavy metals, dioxins, and PCBs. Every batch is third party tested to guarantee exceptional freshness and purity levels.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Natural Triglyceride Form



NORDIC NATURALS®

OMEGA-3

Dietary Supplement

Meets our daily needs for
Healthy Omega-3 Levels

120 Soft Gels • 1000 mg Purified Fish Oil

Supplement Facts

Serving Size: **2 Soft Gels** Servings per container: **60**

Amount Per Serving	% Daily Value*	
Calories	18	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.6 g	3%
Trans Fat	0 g	†
Vitamin E (d-alpha tocopherol)	30 I.U.	100%
Omega-3s	Weight‡	Volume %
EPA (Eicosapentaenoic Acid)	330 mg	18%
DHA (Docosahexaenoic Acid)	220 mg	12%
Other Omega-3s	140 mg	8%
Total Omega-3s	690 mg	38%
Oleic Acid (Omega-9)	116 mg	6%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established. ‡ Natural Triglycerides

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.

No gluten, yeast, milk derivatives, artificial colors or flavors.

May contain traces of soy or derivatives.

Please ♻️ this container



Warning: Consult with your physician before using this product if you are pregnant, diabetic, allergic to iodine, using blood thinners, or anticipate surgery.

Keep out of the reach of children

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in Norway by:
NORDIC NATURALS, INC.

Distributed in Watsonville, CA 95076

Customer Service: **800.662.2544**

www.nordicnaturals.com