

**SUGGESTED USE** Consume one capsule daily – preferably with food containing a small amount of fat. You can choose to increase your daily intake based upon your personal requirements or as recommended by your health care provider. **For questions about the use of this product call 800.332.7799.**

**FOR OVER 40 YEARS**  
**Unsurpassed Purity, Quality and Efficacy**

100% SOLAR PRODUCTION  
ZERO CARBON FOOTPRINT



*Andrew Lessman*

Andrew Lessman, Founder

**QUESTIONS? | REORDERS?**  
**800.800.1200 • www.PROCAPSLABS.COM**

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Manufactured by ProCaps Labs  
Henderson, NV 89011



ANDREW LESSMAN

**PROCAPS**  
LABORATORIES



# VITAMIN D<sub>3</sub> 5000™

**Essential for Calcium Absorption**

Optimum Bone, Brain and  
Immune System Function



Dietary Supplement | **720** Easy-to-Swallow Capsules

**Andrew Lessman's VITAMIN D<sub>3</sub> 5000** contains 5,000 IU of Vitamin D<sub>3</sub> in its most active and beneficial form – Cholecalciferol. Decades of overwhelming science has shown Vitamin D<sub>3</sub> to be the single most important vitamin to supplement, since it is not readily available from even the healthiest diets. Vitamin D plays a multitude of vital roles in the body, including its essential role in all Calcium absorption, which makes Vitamin D as important as Calcium for bone and skeletal health. Vitamin D also possesses a long list of other benefits that have physicians and experts urgently recommending higher intakes. These other benefits include Vitamin D's essential role in supporting healthy immune system function, along with positive mood and brain function. Research has shown that we cannot rely on sun exposure to meet our Vitamin D requirements, and since there are also no abundant sources of Vitamin D in our diet, supplementation has become the only reliable source. Our extremely affordable **Vitamin D<sub>3</sub> 5000** provides Vitamin D in its ideal form in an ultra-small, easy-to-swallow capsule.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

## Supplement Facts

Serving Size 1 Capsule	Servings Per Container 720	
Amount Per Serving	%DV*	
Vitamin D <sub>3</sub> (as cholecalciferol)	125 mcg (5,000 IU)	625%
Calcium (as calcium carbonate)	80 mg	6%
Magnesium (as magnesium oxide)	40 mg	10%

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other Ingredients: Gelatin capsule and Vitamin C (as ascorbyl palmitate).

**CONTAINS NO** Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.