

SUGGESTED USE Consume one capsule daily—preferably with food. You can increase your intake based upon your needs and as guided by your health care provider. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.

**100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT**

**PROCAPS
LABORATORIES**

QUESTIONS? REORDERS?

800.800.1200 PROCAPS.COM

**Manufactured by ProCaps Labs
Henderson, NV 89011**

524341



©2022 ProCaps Laboratories

607880-09M



ANDREW LESSMAN

**PROCAPS
LABORATORIES**



TURMERIC 400™ CURCUMIN

Optimized Turmeric Extract
Activated Phospholipid Complex



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's TURMERIC 400 delivers Turmeric Root extract standardized for the highest levels of **curcuminoids** (95%) that we then activate with phospholipids to naturally overcome **Turmeric's** poor absorption. **Turmeric** is a popular Asian spice prevalent in Indian cuisine. The last decade has seen **Turmeric** receive more credible scientific attention than any other plant-based compound. This research has validated **Turmeric's** extensive health benefits, which initially focused on its soothing role for joints, as well as liver detoxification. More recently, **Turmeric's** protective role in the brain and nervous system has also been acknowledged. **Turmeric's** impressive volume of supportive research continues to expand; however, creating an effective **Turmeric** supplement requires more than placing some **Turmeric** spice in a pill, since ordinary **Turmeric** spice is low in curcuminoids and curcuminoids alone are very poorly absorbed. We complex our curcuminoids with Phosphatidylcholine (PC) – the essential phospholipid found in the brain and liver. This unique phospholipid complex protects **curcuminoids** from digestive damage while also dramatically increasing their absorption. This natural combination ensures you achieve maximum benefits from this powerful protective spice.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule
Servings 240

Amount Per Serving	%DV*
Vitamin C (as ascorbyl palmitate)	20 mg 22%
Curcumin Phospholipid Complex	400 mg †
(Turmeric, 95% extract (root) and phospholipids)	
Total Curcuminoids	155 mg
Total Phospholipids	75 mg

* Percent Daily Value (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Natural plant cellulose vegetarian capsule (acid resistant).

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.