

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS

Unsurpassed Purity, Quality and Efficacy

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Andrew Lessman, Founder

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Manufactured by ProCaps Labs, Henderson, NV 89011



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RHODIOLA 250

250 mg Rhodiola Rosea Root Extract

Natural Adaptogen
Combats Stress and Fatigue
Promotes Well-Being



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's RHODIOLA 250 delivers an exceptional quality, standardized extract of Rhodiola Rosea root. Rhodiola has been traditionally used as a natural "adaptogen" helping to support the body's normal response to stress and fatigue, while also promoting an overall sense of well-being. Adaptogens support our ability to adapt and recover from stress, which is an essential part of coping with modern life. For centuries, the Rhodiola has been used in Europe and Asia to help combat fatigue and promote the body's natural response to stress and fatigue. Rhodiola has also been recognized for its role in supporting positive outlook and mental focus during periods of stress. **Rhodiola 250** is specifically standardized to deliver Rhodiola's key active compounds, rosavins and salidroside, to ensure the greatest opportunity to experience its many benefits.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule Servings Per Container 240

Amount Per Serving

Rhodiola Rosea, extract (root)	250 mg	†
standardized to 3% rosavins/1% salidroside		

† Daily Value not established.

Other Ingredients: Gelatin capsule.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.