

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality and Efficacy

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Andrew Lessman, Founder

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PS 100 PHOSPHATIDYL SERINE

Brain and Nervous System Support
Stress | Memory | Mood



Dietary Supplement | **240** Easy-to-Swallow Capsules

Andrew Lessman's PHOSPHATIDYL SERINE 100 provides a concentrated source of the brain's most defining phospholipid. **Phosphatidyl Serine (PS)** is present in all cell membranes; however, it is in the brain where it is most highly concentrated and its benefits most apparent. Unfortunately, there are no good dietary sources of **PS**, so its independent benefits are only available via supplementation. Given **Phosphatidyl Serine's** high concentration in healthy brain structure, it is not surprising that **PS** plays a vital role in normal brain function. **PS** is essential for the production and release of neurotransmitters – those vital molecules that are required for all brain functions, such as thought, memory and concentration. **PS** has received the greatest attention given its role in a healthy response to certain forms of stress, along with supporting positive mood. **PS** is a natural addition to any modern wellness and anti-aging strategy, since life can often seem like a series of stressful experiences and a more positive response to stress would be highly desirable. Our **Phosphatidyl Serine 100** provides a natural tool to help promote our body's healthy, positive response to stress while supporting healthy brain function, including positive mood and mental clarity.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 240	
Amount Per Serving		%DV*
Vitamin C (as calcium ascorbate/palmitate)	120 mg	133%
Vitamin B1 (as thiamin hydrochloride)	5 mg	417%
Vitamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	5 mg	31%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	294%
Vitamin B12 (as methylcobalamin - protected Coenzyme B12)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate)	5 mg	100%
Phosphatidyl Serine	100 mg	†

* Percent Daily Values (%DV) based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.