

**SUGGESTED USE:** As a dietary supplement, take 1 capsule daily, preferably with meals. If pregnant, nursing, or taking medications, consult your physician. Take with at least 8 oz of liquid.



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**EARTHORN**  
ELEMENTS

# L-HISTIDINE

DIETARY SUPPLEMENT | 200 CAPSULES

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 200

Amount Per Serving	% Daily Value
L-Histidine	450 mg **

\*\*% Daily Value Not Established.

**Other Ingredients:** Gelatin Capsules