

693-60A  
Rev. 6



★★★★★  
CERTIFIED



MASON  natural<sup>®</sup>  
EST. 1967

**B-12**  
**1000 MCG**

CONVERSION OF FOOD  
INTO ENERGY\*

**60 TABLETS** • DIETARY SUPPLEMENT

LOT/EXP. DATE

**DIRECTIONS:** Adults - Take one tablet daily, preferably with food, as a dietary supplement.

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B12 (as cyanocobalamin)	1,000 mcg	41,667%
Calcium (as dicalcium phosphate)	100 mg	8%

**OTHER INGREDIENTS:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide.

Natural color variation may occur in this product.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

 **SUITABLE FOR VEGETARIANS**

**GUARANTEED NO ADDED:** Dairy, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame, Sugar, Starch, Yeast, Corn, Fragrance, Artificial Colors or flavors, Preservatives, Animal Products. Sodium Free.

**CAUTION:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

**TAMPER-EVIDENT SEAL:** Do not use product if seal appears tampered with.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).



GLUTEN FREE



SOY FREE

Manufactured in the USA for:

**MASON VITAMINS, INC.** Miami Lakes, FL 33014  
1-888-860-5376 • [www.MasonVitamins.com](http://www.MasonVitamins.com)

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