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**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



This product is not intended to diagnose, treat, cure or prevent any disease.

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Carefully Manufactured by  
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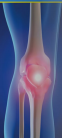
 Puritan's Pride

# MSM

## 1000mg

MSM is a sulfur-containing compound and is one of the components in cartilage

**120** rapid release capsules  
DIETARY SUPPLEMENT



**DIRECTIONS:** For adults, take one (1) capsule two to three times daily, preferably with meals.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
MSM (Methylsulfonylmethane) (providing 340 mg Sulfur)	1,000 mg (1 g) *

\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.