



MUSHROOM SUPERFOOD

Om[®]

LION'S MANE
 MEMORY[‡] : FOCUS[‡] : NERVE HEALTH[‡]
CERTIFIED ORGANIC MUSHROOM POWDER
 DIETARY SUPPLEMENT POWDER



NET WT. 60 GRAMS (2.1 OZ)

THE SUPERFOODIE OF SUPERFOODS.

Mushrooms contain many unique bioactive nutrients that can't be found in plant or animal sources alone. Each serving of Om provides 2,000mg of Certified Organic Mushroom Powder Blend.

Mushroom Your Microbiome.
Functional Without Anything Funky Added.
No Nutrients Left Behind.

LION'S MANE

THE SMARTEST MUSHROOM IN THE KINGDOM.

Mentally speaking, it doesn't get better than Lion's Mane. This smart vegan mushroom may look like the flowing mane of a lion, but it tastes like a warm cuppa mental clarity. It's a brain health superfood that helps support memory, focus, nerve health, creativity and mood. Just brilliant.[‡]

Tested for heavy metals.

Complete transparency ID testing.

WE GROW OUR OM.

We grow a diverse range of organic mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health.[‡] So you can bet your beta glucans they're effective.

🔗 What's a beta glucan? Find out at OmMushrooms.com

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat or prevent any disease.

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using. Store in a cool, dry place. Contents packed by weight not by volume. Some settling may occur.
[‡]See Supplement Facts

Supplement Facts

Serving Size 2 grams (approx. 1 tsp)
 Servings Per Container 30

	Amount Per Serving	% Daily Value [†]
Calories	10	
Certified Organic Mushroom Powder Blend	2g	†
Organic Lion's Mane (<i>Hericium erinaceus</i>) mycelial biomass & fruit body.		

[†]Daily Value (DV) Not Established

Other Ingredients: Organic Myceliated Oats.

SCOOP. STIR. OMMM YOUR DAILY RITUAL.

Add 2 grams (approx. 1 tsp) daily to super your smoothie, mushroom your matcha, boost your coffee and nourish your recipes. For optimal support, take 4 grams (approx. 2 tsp) per day.



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@ommushrooms & OmMushrooms.com

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