

Spirulina Manna™ (*Arthrospira platensis*) is a blue green microalga abundant in amino acids, chlorophyll, vitamins, and minerals. Spirulina, one of the world's first superfoods, was a staple food source for the Aztecs who harvested spirulina from Lake Texcoco in central Mexico, and it is still harvested today from Lake Chad in west-central Africa. Blue green algae grow plentiful in lakes and inland bodies of water that are warm and alkaline.

Spirulina Manna contains high levels of phycocyanin, a pigment-protein complex that is found only in blue green algae. Spirulina's high levels of phycocyanin support a healthy inflammatory response, offer potent antioxidant properties, and support kidney health.* Considered Nature's protein powder, spirulina is 60-70% protein and contains all of the essential amino acids, making it the world's highest known source of complete protein. Spirulina has also been shown to encourage and support the growth of healthy bacterial flora in your gut which can help keep candida overgrowth under control.*

HealthForce Superfoods® is a grassroots, independently owned and operated whole food botanical company. We offer a diverse and truly effective product line inspired by the incredible symbiotic power of plants. Our mission is fueled by a passion for purity and heart-centered collaboration, with a strong foundation of service and integrity. We are proud to offer clean, ethically produced products designed to help you thrive in a modern world.

"I WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS!"
 Dr. James Sheridan - Naturopath and Hard-Core Herbal Medicine Researcher

HEALTHFORCE SUPERFOODS®

SPIRULINA

MANNA™



450 VeganCaps™

Supplement Facts

Serving Size: 5 Vegan Capsules (2.1g)
 Servings Per Container: 90

Amount Per Serving	% Daily Value	
Calories	10	
Protein	1 g	
Vit A (100% as beta-carotene)	320 mcg	35%
Vitamin K (K1)	60 mcg	50%
Iron	0.9 mg	5%
Iodine	5 mcg	3%
Sodium	15 mg	<1%
Spirulina Algae ^o	2,100 mg	†
<i>(Arthrospira platensis)</i>		

† Daily Value not established.

Other Ingredient: VeganCaps™^{oo}

(pullulan from fermented tapioca) - free of flow agents

o Organic - TruGanic™ Country of Origin: India

MANUFACTURED BY:
 EXCELSIOR ALCHEMY™, TEMPE, AZ 85284
 FOR INFO / SUPPORT CALL (800)748-6229
 WWW.HEALTHFORCESUPERFOODS.COM

Suggested Use:
 5 VeganCaps per day, either all at once or divided.
 Spirulina is a food. It can be eaten directly or
 added to foods.



*These statements have not been evaluated by the Food and Drug Administration. This product is not designed to diagnose, treat, cure, or prevent any disease.