

Bluebonnet's Lecithin 1365 mg Softgels are formulated with soy lecithin, a source of phospholipids including phosphatidylcholine, phosphatidylethanolamine, and phosphatidylinositol to help support the nervous system and cardiovascular health. •

MAY
SUPPORT



Nervous System



Heart Health

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Made in USA from domestic and imported ingredients.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Lecithin 1365 mg

Nervous System & Heart Health ♦



Dietary Supplement **180 Softgels**

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 180

Amount Per Serving		% Daily Value
Calories	15	
Total Fat	1.5 g	2%**
Soy Lecithin	1356 mg	*
Phosphatidylcholine	185 mg	*
Phosphatidylethanolamine	150 mg	*
Phosphatidylinositol	65 mg	*

**Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin (bovine), glycerin, purified water.

Contains: Soybeans

Manufactured for
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