

RECOMMENDATION:

Dosage cup included.
Shake well before each use.

For Daily Maintenance:

Adults: Take 2 teaspoons (tsp) (10 mL) daily.
Children ages 7 and older: Take 1 teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL) four times daily.
Children ages 7 and older: Take 1 teaspoon (5 mL) three times daily.

Not formulated for children under 7 years of age.

If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No peanut, dairy, or artificial colors.

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Nature's
Way

sambucus® TRADITIONAL IMMUNE SYRUP ELDERBERRY

Highly Concentrated
Elderberry Extract

DIETARY SUPPLEMENT
8 FL OZ (240 mL)

Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	48	24

Amount per Serving	Ages 7+ % DV†	Adults % DV†
Calories	15	30
Total Carbohydrate	4 g 1%†	7 g 3%†
Total Sugars	3 g **	6 g **
Includes Added Sugars	3 g 6%†	6 g 12%†
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 3,200 mg of premium cultivar elderberries per teaspoon	50 mg **	100 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: fructose, purified water, glycerin, natural flavor, malic acid, potassium sorbate (preservative to maintain freshness)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.