

## RECOMMENDATION:

Dosage cup included.  
Shake well before each use.

### For Daily Maintenance:

**Adults:** Take 2 teaspoons (tsp) (10 mL) daily.

**Children ages 7 and older:** Take 1 teaspoon (5 mL) daily.

### For Intensive Use:

**Adults:** Take 2 teaspoons (10 mL) twice daily.

**Children ages 7 and older:** Take 1 teaspoon (5 mL) twice daily. Do not exceed recommended dose. Not formulated for children under 7 years of age.

**Caution:** Not recommended for individuals with autoimmune conditions. Individuals with allergies to plants of the *Asteraceae* (*Compositae*) family, including ragweed, should use this product with caution. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

**GLUTEN FREE.** No peanut, dairy, or artificial colors.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA  
**Questions?** 1-800-9NATURE /  
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Nature's  
Way

# sambucus® IMMUNE SYRUP ELDERBERRY

With **Vitamin C, Zinc,  
Propolis & Echinacea**

DIETARY SUPPLEMENT  
4 FL OZ (120 mL)

## Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12
<b>Amount per Serving</b>	<b>Ages 7+ % DV<sup>†</sup></b>	<b>Adults % DV<sup>†</sup></b>
Calories	15	30
Total Carbohydrate	4 g 1% <sup>†</sup>	7 g 3% <sup>†</sup>
Total Sugars	3 g **	5 g **
Includes Added Sugars	3 g 6% <sup>†</sup>	5 g 10% <sup>†</sup>
Vitamin C (ascorbic acid)	50 mg 56%	100 mg 111%
Zinc (as zinc gluconate)	5 mg 45%	10 mg 91%
Proprietary Blend: <i>Echinacea angustifolia</i> (root) Extract and <i>Echinacea purpurea</i> (flower) Extract, Propolis	239 mg **	478 mg **
Black Elder ( <i>Sambucus nigra</i> L.) Extract (berry) standardized to anthocyanins from 3,200 mg of premium cultivar elderberries per teaspoon	50 mg **	100 mg **

<sup>†</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet.  
<sup>\*\*</sup>Daily Value not established.

Other ingredients: fructose, purified water, glycerin, natural flavor, preservatives to maintain freshness (potassium sorbate, citric acid)  
**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.