

ENERGY*

With a rich history in both Siberian and Chinese cultures, Rhodiola is an adaptogenic herb that grows in high altitudes in cooler, drier climates like Scandinavia, Russia, and Canada. Rhodiola promotes energy and mental stamina.*

◆ LG15321.03 BLK8121



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



❖ PREMIUM EXTRACT ❖

RHODIOLA

ENERGY*



60 VEGAN CAPSULES | 250 mg per Serving
DIETARY SUPPLEMENT

Recommendation: Adults take 1 capsule twice daily, preferably before meals. For best results, take in the morning and at mid-day. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV**
Rhodiola (<i>Rhodiola rosea</i>) (root) Extract standardized to 3% rosavins, 1% salidroside	250 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica, magnesium stearate

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, soy, corn, dairy, or artificial colors or flavors.

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Questions? 1-800-9NATURE /
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BOTTLES MADE FROM 97% POST-CONSUMER RECYCLED PLASTIC

