

Once Daily

Nature's
Way

Alive!

MEN'S COMPLETE MULTIVITAMIN

Supports Energy Metabolism & Muscle Function*

Orchard Fruits™ & Garden Veggies™
Powder Blend (100 mg per serving)

130 TABLETS - MULTIVITAMIN SUPPLEMENT

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Amount per Serving	% DV**
Serving Size 1 Tablet	
Vitamin A (as 70% [630 mcg] retinyl acetate, 30% [270 mcg] beta-carotene)	900 mcg 100%
Vitamin C (ascorbic acid)	135 mg 150%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	22.5 mg 150%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	2.4 mg 200%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	4.25 mg 250%
Folate (240 mcg DFE Folic Acid)	400 mcg DFE 100%
Vitamin B12 (as cyanocobalamin)	18 mcg 750%
Biotin	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	130 mg 10%

Amount per Serving	% DV**
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	105 mg 25%
Zinc (as zinc oxide)	16.5 mg 150%
Selenium (as sodium selenate)	96 mcg 175%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Orchard Fruits™ & Garden Veggies™ 100 mg ** Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	
Lycopene	600 mcg **
Boron (as sodium borate)	150 mcg **
FloraGLO® Lutein Carotenoid (from Aztec Marigold [flower] Extract)	100 mcg **

**Daily Value (DV) not established.

Other ingredients: cellulose, gelatin, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, polydextrose, titanium dioxide color, riboflavin color, medium chain triglycerides, magnesium stearate, silica

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

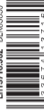
FloraGLO
LUTEIN

*FloraGLO is a registered trademark of Kemlin Industries, Inc.



BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC

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