

Get the Most From Your Multi

Gelatin-free gummies with 16 vitamins and minerals



Full B-vitamin complex helps convert food to fuel*



Supports immune, heart, and muscle function*

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FREE FROM gluten, gelatin, dairy, wheat, peanut, and egg.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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Questions? 1-800-9NATURE / naturesway.com

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BOTTLE MADE FROM
50% POST-CONSUMER
RECYCLED PLASTIC



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's Way
Alive!
WOMEN'S GUMMY
MULTIVITAMIN
Supports Energy Metabolism
& Hair, Skin, Nails*
Orchard Fruits™ & Garden Veggies™
Powder Blend (75 mg per 2 gummies)
WITH
PLANT-BASED
PECTIN
Mixed Berry
Flavored
150 GUMMIES - MULTIVITAMIN SUPPLEMENT

Recommendation: Women chew 2 gummies daily. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 75

Amount per Serving	% DV†
Calories	20
Total Carbohydrate	5 g 2%†
Total Sugars	4 g **
Includes 4 g Added Sugars	8%†
Vitamin A (as retinyl palmitate)	450 mcg 50%
Vitamin C (ascorbic acid)	30 mg 33%
Vitamin D3 (as cholecalciferol)	40 mcg 200%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%
Thiamin (as thiamin HCl)	0.3 mg 25%
Riboflavin	0.325 mg 25%
Niacin (as niacinamide)	4 mg 25%
Vitamin B6 (as pyridoxine HCl)	2.6 mg 153%
Folate	400 mcg DFE 100% (240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	3.6 mcg 150%

Amount per Serving	% DV†
Biotin	37.5 mcg 125%
Pantothenic Acid (as D-calcium pantothenate)	1.3 mg 26%
Calcium (as tribasic calcium phosphate)	100 mg 8%
Phosphorus (as tribasic calcium phosphate)	45 mg 4%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc citrate)	1.9 mg 17%
Sodium	20 mg 1%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	75 mg **
Boron (as sodium borate)	150 mcg **
Inositol	40 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sucrose, glucose syrup, purified water, pectin, citric acid, sodium citrate, natural flavors, vegetable and fruit juice colors, coconut oil, carnauba wax