

Once Daily

Nature's  
way

# Alive!

**WOMEN'S 50+**  
**COMPLETE MULTIVITAMIN**

Supports Healthy Heart, Brain & Bones\*

Orchard Fruits™ & Garden Veggies™  
Powder Blend (100 mg per serving)

**110 TABLETS - MULTIVITAMIN SUPPLEMENT**

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

**Recommendation:** Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

### Supplement Facts

Amount per Serving	% DV**
<b>Serving Size 1 Tablet</b>	
Vitamin A (as 70% 1630 mcg) retinyl acetate, 30% (270 mcg) beta-carotene)	900 mcg 100%
Vitamin C (ascorbic acid)	135 mg 150%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (as thiamin mononitrate)	3.6 mg 300%
Riboflavin	2.6 mg 200%
Niacin (as niacinamide)	16 mg 100%
Vitamin B6 (as pyridoxine HCl)	5.1 mg 300%
Folate	400 mcg DFE 100% (240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	40 mcg 1,667%
Biotin	30 mcg 100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg 150%
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	260 mg 20%

Amount per Serving	% DV**
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	50 mg 12%
Zinc (as zinc oxide)	16.5 mg 150%
Selenium (as sodium selenate)	55 mcg 100%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	4.6 mg 200%
Molybdenum (as sodium molybdate)	45 mcg 100%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Pear, Tomato, Raspberry, Broccoli, Cherry, Spinach, Cauliflower, Grape, Acai, Asparagus, Banana, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Pineapple, Pumpkin	100 mg **
FloraGLO® Lutein Carotenoid (from Acai Mangold [flower] Extract)	300 mcg **
Boron (as sodium borate)	150 mcg **

\*\*Daily Value (DV) not established.

Other ingredients: cellulose, sodium crosscarmellose, gelatin, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, medium chain triglycerides, carmine color

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

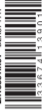
**FloraGLO**  
LUTEIN

\*FloraGLO is a registered trademark of Kemlin Industries, Inc.



BOTTLE MADE FROM  
50% POST-CONSUMER  
RECYCLED PLASTIC

LH13901.H01 BLK8717H



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