

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Natural Beta Carotene from <i>Blakeslea trispora</i>)	900 mcg 100% RAE	Phosphorus (from Dicalcium Phosphate)	8 mg 1%
Vitamin C (as L-Ascorbate and Acerola Cherry Extract)	90 mg 100%	Iodine (from Wild, Hand-harvested Kelp)	100 mcg 67%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	20 mcg 100% (800 IU)	Magnesium (from Aquamin® Magnesium)	50 mg 12%
Vitamin E (as d-Alpha Tocopherol from Sunflower)	15 mg alpha tocopherol 100%	Zinc (from Zinc Amino Acid Chelate)	10 mg 91%
Vitamin B1 (from Thiamine HCl)	1.2 mg 100%	Selenium (as Selenium Glycinate)	40 mcg 73%
Vitamin B2 (Riboflavin)	1.3 mg 100%	Copper (as Copper Aminoion)	0.5 mg 56%
Vitamin B3 (as Niacinamide)	16 mg NE 100%	Manganese (as Manganese Sulfate)	1.5 mg 65%
Vitamin B6 (from Pyridoxal-5-Phosphate)	1.7 mg 100%	Chromium (from Chromium Polynicotinate)	30 mcg 86%
Folate (as Active L-5-Methylfolate)	400 mcg 100% DFE	Molybdenum (as Molybdenum Kelps Complex)	34 mcg 76%
Vitamin B12 (as Methylcobalamin)	2.4 mcg 100%	Vitamin K2 (as Menaquinone MK-7)	120 mcg **
Biotin (as D-Biotin)	30 mcg 100%	Organic Fruit & Vegetable Blend	60 mg **
Vitamin B5 (from d-Calcium Pantothenate)	5 mg 100%	Organic Blueberry (Berry)	
Calcium (as Aquamin® from Marine Algae and Dicalcium Phosphate)	50 mg 4%	Organic Carrot (Root)	
Iron (from Ferrus Fumarate)	4 mg 22%	Organic Kale (Whole Plant)	
		Organic Pomegranate (Whole Fruit Juice)	
		Organic Raspberry (Berry)	
		Organic Spinach (Leaf/Stalk)	

Other Ingredients: Hypromellose (Vegetarian Capsule), Plant-based Maltodextrin, Silica.

Best Before: See date on bottom ▼

NATURELO®

FROM NATURE WITH LOVE®

ONE DAILY MULTIVITAMIN

FOR TEENS

90
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT

FORMULATED TO SUPPORT
SKIN HEALTH, MENTAL ENERGY, & IMMUNE FUNCTION*



1D-TEEN-90-R-2201

Suggested Use: Take one (1) capsule daily with a meal and a full glass of water.

Does NOT contain GMOs, soy, gluten, dairy, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Keep out of reach of children. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before using this product. Store in a cool, dry place.

Do not use if safety seal under the lid is broken or missing.

Aquamin® is a registered trademark of Marigot Ltd.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
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NO GMOs



NO SOY



NO GLUTEN



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FRIENDLY

NO COLORING,
PRESERVATIVES
OR FLAVORING