



# MULTIVITAMINS WITH FISH OIL SOFTGELS

**1000mg**  
PER SERVING

**300**  
SOFTGELS

**300**  
SERVINGS

## SUPPLEMENT FACTS

Serving Size: 1 Softgel

Servings per container: 300

Amount Per Serving	% Daily Value
Vitamin D3 11.25mcg	60%
Vitamin B6 (as Pyridoxine HCl) 2.5mg	150%
Vitamin B12 (as Cyanocobalamin) 10mcg	420%
Selenium (as Sodium Selenite) 55mcg	100%
Vitamin A (as $\beta$ -Carotene Oil 30%) 937.5mcg RAE	100%
Vitamin C (as Calcium Ascorbate) 30mg	30%
Vitamin E (as d- $\alpha$ -Tocopherol Acetate) 13.43mg	90%
Thiamine (as Thiamine HCl) 2.5mg	210%
Riboflavin 2.5mg	190%
Niacin (as Nicotinamide) 10mg NE	60%
Folic Acid 667mcg DFE	170%
Pantothenic Acid (as Calcium Pantothenate) 4.4mg	90%
Calcium (as Calcium Carbonate) 23mg	0%
Iron (as Ferrous Fumarate) 2.5mg	15%
Magnesium (as Magnesium Oxide) 25mg	6%
Zinc (as Zinc Sulphate Monohydrate) 3.75mg	35%
Molybdenum (as Sodium Molybdate) 25.5mcg	60%
Choline (as Choline DL-Bitartrate) 25mg	5%
Eicosapentaenoic Acid (EPA) 20mg**	
Docosahexanoic Acid (DHA) 100mg**	

\*\*Daily Value not established.

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Other Ingredients: Soybean Oil, Fish Oil, Gelatin, Glycerin, Beeswax, Purified Water

Allergens: Contains Fish, Soy