

**Bluebonnet's Glucosamine Chondroitin & MSM Vegetable Capsules** are specially formulated with a combination of glucosamine sulfate, chondroitin sulfate, OptiMSM<sup>®</sup>, an active form of sulfur, as well as vitamin C from non-GMO, identity-preserved (IP) L-ascorbic acid for optimal bone and joint health. ♦



**Free** of milk, egg, fish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice and sugar.

This product does not contain common GE genes or proteins. Visit [igenprogram.com](http://igenprogram.com).



OptiMSM<sup>®</sup> is a registered trademark of Bergstrom Nutrition, Inc.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Bluebonnet**



# Glucosamine Chondroitin & MSM

**Bone & Joint Health** ♦



Dietary Supplement **180** Vegetable Capsules

**Directions:** As a dietary supplement, take three capsules once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	500 mg	556%
Chloride (from glucosamine sulfate)	150 mg	7%
Sodium (from chondroitin sulfate)	45 mg	1%
Potassium (from glucosamine sulfate)	170 mg	4%
Glucosamine Sulfate (crustacean shellfish)	1000 mg	*
Chondroitin Sulfate	500 mg	*
MSM (methylsulfonylmethane)	500 mg	*

\*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

**Contains: Crustacean shellfish (crab, lobster, shrimp)**

Manufactured by  
**Bluebonnet Nutrition Corporation**  
12915 Dairy Ashford  
Sugar Land, TX 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

