

\*Fiber Choice® 60ct gummies contain 30 servings per container, 25% more servings than Metamucil® 72ct gummies which have 24 servings per container. Metamucil® is a registered trademark of Procter & Gamble. Fiber Choice® is not made by or affiliated with Procter & Gamble.

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## Fiber Choice...The Smart Choice®

0g added sugars per serving



### ENERGY METABOLISM†

**VITAMIN B<sub>12</sub>** plays a vital role in metabolizing the food you consume and converting it into cellular energy.†



### PREBIOTIC FIBER SUPPORTS OVERALL HEALTH†

Most Americans get about half of the daily recommended **28 grams of fiber**, which is an important part of your overall health.†



### PREBIOTIC FIBER PROMOTES HEALTHY GUT BACTERIA FOR IMMUNE HEALTH†

It helps balance your digestive tract. A healthy balanced digestive tract supports a **healthy immune system**.†

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**25% MORE SERVINGS\***



Made with **5g of PLANT-BASED FIBER PER SERVING**

Fruit image to indicate taste

Promotes Regularity & Healthy Gut Bacteria for Immune Health†

**ENERGY METABOLISM†**  
VITAMIN B<sub>12</sub>

60 GUMMIES

MIXED BERRY NATURAL FLAVOR

**Directions:** Adults, chew 2 gummies up to 3 times a day. New users start with 1 serving per day and gradually increase to desired daily intake. If discomfort is felt, reduce dose.

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	8 g	3%*
Dietary Fiber	5 g	10%*
Total Sugars	<1 g	**
Includes 0g Added Sugars		0%*
Vitamin B <sub>12</sub>	2.4 mcg	100%
Sodium	10 mg	<1%

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

## QUESTIONS OR COMMENTS:

1-855-GUT-GARD

To learn more, go to [FiberChoice.com](http://FiberChoice.com)

**Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your healthcare provider before use. Keep out of reach of children. If minor gas and bloating occurs, reduce dose.

**Use only if safety seal is intact.** Store in a cool, dry place. Keep container tightly closed.

✓ Gluten Free | ✓ Lactose Free

**INGREDIENTS:** INULIN (FROM CHICORY ROOT), WATER, TAPIOCA STARCH, PECTIN, AGAR AGAR, NATURAL FLAVOR WITH OTHER NATURAL FLAVORS, BLACK CARROT JUICE CONCENTRATE (COLOR), CITRIC ACID, TRISODIUM CITRATE, CARNAUBA WAX, CYANOCOBALAMIN.

## MAY CONTAIN FISH

Manufactured for Nestlé HealthCare Nutrition, Inc.  
Bridgewater, NJ 08807 USA

## PRODUCT OF ISRAEL

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