

**Suggested Usage:** Take 1 capsule 1 to 2 times daily, with or between meals.

Bromelain is a proteolytic enzyme derived from the stem of the pineapple plant that has protein-digesting properties.\* When taken with food, bromelain can help to support healthy digestion; when taken between meals, it may help to support joint comfort and may help to relieve temporary soreness that is associated with muscle overuse.\* Bromelain is designed by nature to support proper gastrointestinal function and may also help to promote the comfort of muscles and joints.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication (especially anti-platelet medications), or have a medical condition. Do not use if you have a pineapple allergy. Keep out of reach of children.

*This bottle is made from 100% PCR (post-consumer recycled) resin.*

CODE 2947B v8



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# Bromelain

## 2400 GDU/g - 500 mg

**Proteolytic Enzyme\***

- Supports Healthy Digestion\*
- Joint Comfort\*

**120 Veg Capsules**

A Dietary Supplement Vegetarian/Vegan



Digestive

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Bromelain (2400 GDU/g)† (from Pineapple) 500 mg\*\*

\*\* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silicon Dioxide.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

† Gelatin Digesting Units – a measure of proteolytic (protein digesting) activity.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.



CAPSULE SIZE