

PRISTINELY SOURCED PREMIUM GRADE

Suggested Use: As a dietary supplement, take 1 capsule daily with 8-12 oz of water.

Warning: for use by healthy adults only. Not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Seek advice from a healthcare professional before taking if you have a preexisting medical condition. **KEEP OUT OF THE REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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SHODEN **CHOQ.COM**
CHOQ NATION

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ASHWAGANDHA

ULTRA CONCENTRATED & UNMATCHED POTENCY

SUPPORTS HEALTHY MOOD & FOCUS*

PROMOTES HEALTHY STRESS RESPONSE*

IMPROVES RESTORATIVE SLEEP*

30 VEGAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

	Amount Per Serving	% DV
Shoden® Ashwagandha Extract (<i>Withania somnifera</i>) (root and leaf) (standardized to 35% withanolides)	300 mg	†
† Daily Value not established		

Other Ingredients: Vegan Capsule (cellulose), Organic Rice Hulls.



CHOQ Ashwagandha is lab-verified to contain **35% withanolides**, while most Ashwagandha supplements only contain 2.5%.

You'd have to take **14 TIMES AS MUCH** of an average Ashwagandha to get the same amount of these critical compounds that's in just one capsule of CHOQ Ashwagandha.