

Bluebonnet's Calcium & Magnesium Vegetable Capsules are formulated with calcium in a chelate of calcium citrate and malate along with magnesium from fully reacted magnesium aspartate for strong, healthy bones. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700



Bluebonnet



Calcium & Magnesium

Bone Health ♦

Directions: As a dietary supplement, take three capsules once daily or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Calcium (as citrate, malate)	500 mg	38%
Magnesium (as magnesium aspartate)	200 mg	48%

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by
Bluebonnet Nutrition Corporation
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Sugar Land, Texas 77478 USA
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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



Dietary Supplement **180** Vegetable Capsules