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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



Dietary Supplement **180** Vegetable Capsules



Bluebonnet®



Multimineral & Boron iron-free

Full Spectrum

Directions: As a dietary supplement, take four capsules once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 45

| Amount Per Serving | % Daily Value |
|--|---------------|
| Calcium (as citrate, carbonate) | 1000 mg 77% |
| Iodine (as potassium iodide) | 150 mcg 100% |
| Magnesium (as aspartate, oxide) | 500 mg 119% |
| Zinc (as zinc picolinate) | 30 mg 273% |
| Selenium (as L-selenomethionine) | 200 mcg 364% |
| Copper (as copper histidinate) | 2 mg 222% |
| Manganese (as manganese L-histidinate) | 10 mg 435% |
| Chromium (as chromium picolinate) | 200 mcg 571% |
| Molybdenum (as glycinate chelate) | 100 mcg 222% |
| Potassium (as potassium aspartate) | 99 mg 2% |
| Boron (as citrate, aspartate, glycinate) | 3 mg * |

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), silicon dioxide, vegetable cellulose, vegetable magnesium stearate.

Manufactured by **Bluebonnet Nutrition Corporation**
12915 Dairy Ashford, Sugar Land, Texas 77478 USA
bluebonnetnutrition.com

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700
Minerals are shown in their elemental value.

