

NEW!

Centrum

DUAL ACTION

MULTI+ MENTAL FOCUS

MULTIGUMMIES

Helps maintain focus,
attention and alertness**



PLUS
50 mg of
caffeine from
Green Tea
PER SERVING*

Natural Orange & Lemon Flavors
with other natural flavors

90 GUMMIES

DIETARY SUPPLEMENTS

Centrum

- Contains no wheat, milk, soy, egg, peanut, tree nuts, fish or crustacean shellfish allergens
- No artificial flavors or sweeteners, or synthetic dyes
- Gluten-free • May be taken with or without food or water

Intentionally Crafted

Specially designed with caffeine from Green Tea to help support mental focus*

Trusted Science

Backed by 40+ years of nutritional science and is the most clinically studied multivitamin brand in the world

Expert Recommended Brand

#1 Doctor and #1 Pharmacist recommended Multivitamin Brand

SUPPORTS:****Mental Focus****Brain Health****Vitality****Energy****Immunity**

SUGGESTED USE: Adults: Take two (2) gummies daily. Do not exceed suggested use. Not formulated for use in children.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 45

Amount Per Serving	% DV†	Amount Per Serving	% DV†
Colorize 25		Folate (as folic acid) 257 mcg DFE	67%
Total Carbohydrate 6 g	2%	(160 mcg Folic Acid)	
Total Sugars 4 g	-	Vitamin B ₁₂ 20 mcg	833%
Includes 4 g Added Sugars	8%	(as cyanocobalamin)	
Vitamin A 750 mcg	83%	Biotin 75 mcg	250%
(as vitamin A acetate)		Iodine 150 mcg	100%
Vitamin C 45 mg	56%	(as potassium iodide)	
(as ascorbic acid)		Zinc 5 mg	45%
Vitamin D ₃ 25 mcg (1,000 IU)	125%	(as zinc sulfate)	
(as cholecalciferol)		Selenium 55 mcg	100%
Vitamin E 15 mg	100%	(as sodium selenate)	
(as d-alpha-tocopheryl acetate)		Caffeine 50 mg	*
Niacin 3.2 mg	26%	(from green tea leaf extract	
(as niacinamide)		(Camellia sinensis)	
Vitamin B ₆ 5 mg	294%		
(as pyridoxine hydrochloride)			

Other Ingredients: Glucose Syrup, Sugar, Gelatin, Water. Contains <2% of Citric Acid, Color (Annatto Seed Extract, Purple Carrot Juice Concentrate, Turmeric Extract), Lactic Acid, Natural Flavors, Rebamipidolite M (extracted and purified from natural stevia leaf), Sodium Lactate.

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As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Do not take this product with other products containing folic acid or vitamin A. Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may change over time. This does not alter the product potency.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Questions? Comments?

Call 1-877-CENTRUM (236-6786)

For most recent product information, visit www.centrum.com

* Caffeine from green tea supports focus, attention and alertness.
Zinc and B-Vitamins help support normal brain function.*

Antioxidant nutrients, including Vitamin E, Zinc and Selenium, support vitality.*
B-Vitamins support daily energy needs.*
Vitamins C, E & Zinc support normal immune function.*

* Compared to other Centrum MultiGummies formulas that contain no caffeine

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.