

**SUGGESTED USAGE:** Mix 1 rounded teaspoon in juice, preferably between meals, 1 to 2 times daily as needed.

Glutamine is considered to be a conditionally essential amino acid, which means that under certain circumstances, the body may require more glutamine than it can produce. In the body, glutamine functions as a major nitrogen transporter and is critical for the maintenance of healthy nitrogen balance.\* Glutamine also acts as the primary fuel for the rapidly growing cells of the immune system and GI tract.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (including liver disease or bipolar disorder). Keep out of reach of children.

Do not eat freshness packet enclosed.

Code 0221N v9



# L-GLUTAMINE POWDER

## AMINO ACIDS



NET WT. 1 LB. (454 G)

A Dietary Supplement



## Supplement Facts

Serving Size 1 Rounded Teaspoon (approx. 5 g)  
Servings Per Container about 91

	Amount Per Serving	% Daily Value
Calories	20	
L-Glutamine (Free-Form)	5 g (5,000 mg)	†

† Daily Value not established.

Other ingredients: None.

Packaged by NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowsportsproducts.com](http://nowsportsproducts.com)

Packaged and quality tested in the USA.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® L-Glutamine Powder is a pure, free-form, non-essential amino acid and is the highest grade available.

**Natural color variation may occur in this product.**

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.