

Suggested Usage: Take 2 capsules daily as needed.

Gotu kola (*Centella asiatica*) has been employed by traditional herbalists since prehistoric times. Its wide range of applications has been well documented in Southeast Asia and India for centuries and continues to be used within the framework of modern herbalism. Gotu kola is not related to kola nuts and does not have any caffeine.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE



CODE 4700BA V5



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Gotu Kola

450 mg

Herbal Supplement

Traditional Herb

100 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 50

| | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Total Carbohydrate | < 1 g | < 1%* |
| Gotu Kola (<i>Centella asiatica</i>) (Aerial) | 900 mg | † |

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Quality Tested by & Packaged for NOW FOODS
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Made in Canada with globally sourced ingredients. Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening.