

Suggested Usage: Take 1 capsule 1 to 2 times daily with food.

NOW combines two nutrients extensively researched for their contribution to the health of bones, teeth and the cardiovascular system.* Vitamin D3 promotes calcium transport and absorption.* Recent studies indicate that vitamin D3 may play a role in proper insulin action and glucose metabolism and has an important function within the immune system.* Vitamin K is critical for the formation of a healthy, strong bone matrix.* Vitamin K's role in arterial health revolves around its ability to support proper calcium metabolism in vascular structures.* Vitamin K2 is a readily active and biologically available form of vitamin K.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking any anti-coagulant (such as warfarin, coumadin, heparin) or other medication, or have a medical condition. Keep out of reach of children.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CAPSULE SIZE

CODE 0369B V10



Vitamin D-3 & K-2

1,000 IU / 45 mcg

Supports Bone Health*

Plus Cardiovascular Support*



120 Capsules
A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin D (as D3 Cholecalciferol) (from Lanolin)	25 mcg (1,000 IU)	125%
Vitamin K2 (as Menaquinone-4) (MK-4)	45 mcg	†

† Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Ascorbyl Palmitate and Silicon Dioxide.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product. Store in a cool, dry place after opening.

