

Suggested Usage: Take 1 capsule daily with a meal. Chromium is an essential trace mineral that is known to enhance the actions of insulin, a peptide that is critical to the metabolism and storage of carbohydrate, fat and protein in the body.* Adequate intake of chromium is necessary for maintaining healthy glucose metabolism.* NOW® Tri-Chromium™ features three well-known and studied forms of chromium to maximize its absorption.* Cinnamon has been included due to its historical use for the promotion of proper metabolic function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

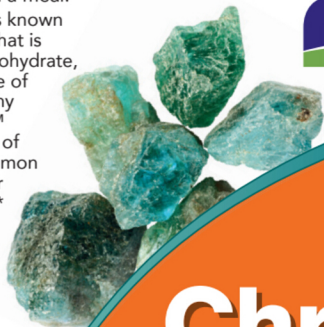
Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially diabetes medications), or have a medical condition (especially diabetes or hypoglycemia). This product should be taken at least 3-4 hours before or 1 hour after taking thyroid medications. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CAPSULE SIZE

CODE 1428B V7



Tri-Chromium™

500 mcg

Insulin Co-Factor*

Supports Healthy
Glucose Metabolism*
90 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Chromium (elemental) [from 6,920 mcg complex of Chromium Picolinate, Chromium Nicotinate Glycinate (Albion™) and Chromium Polynicotinate (ChromeMate®)]	500 mcg	1429%
Cinnamon (Bark) (<i>Cinnamomum verum</i> and/or <i>Cinnamomum aromaticum</i> and/or <i>Cinnamomum burmannii</i>)	250 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source), Silicon Dioxide and Maltodextrin (non-GMO).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Albion™ is a trademark of Balchem Corporation or its subsidiaries. ChromeMate® is a Lonza trademark.

Store in a cool, dry place after opening.

