

**Suggested Usage:** Take 1 tablet 2 to 4 times daily, preferably on an empty stomach.

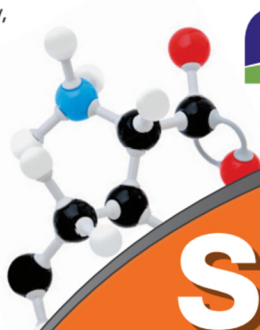
SAMe (S-adenosylmethionine), a compound native to the body, is a component of many biochemical reactions, including those that affect brain biochemistry and joint health.\* Numerous studies have indicated that SAMe can help to alleviate transient minor aches and pains resulting from overexertion or strain.\* In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in mood support.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Individuals with bipolar depression, anxiety disorders or taking antidepressant medications should not take SAMe unless under professional medical supervision. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening.

CODE  
0141D  
V9



# SAMe

## 400 mg

Nervous System Support\*

- Stabilized SAMe, Smaller Tablet
- No Enteric Coating Needed
- Supports Joint Health\*

60 Tablets

A Dietary Supplement



Amino Acids

Family owned since 1968.

## Supplement Facts

Serving Size 1 Tablet

### Amount Per Serving

SAMe (S-Adenosyl-L-Methionine)	400 mg**
(from S-Adenosyl-L-Methionine Disulfate Tosylate)	

\*\* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source), Pharmaceutical Glaze, Magnesium Stearate (vegetable source), Silicon Dioxide, Glycerin, Sodium Alginate and L-Arginine.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

